

CONTENTS

<i>List of figures</i>	<i>ix</i>
<i>Preface</i>	<i>xi</i>
<i>Acknowledgments</i>	<i>xiii</i>
1 An Acquired Art	1
2 The Art and Power of Listening—Deeply	11
3 The Science of It	21
4 The Chain of Emotion	32
5 The Art of Listening Deeply: In the Room	45
6 Creating Space	54
7 Understanding, the Bass Clef, and Intersubjectivity	64
8 The Silent Patient	80
9 Object Relations	97
10 Transference	112
11 Countertransference	127

viii Contents

12 Defenses and Anxieties 143

13 Endgame 161

References 178

Index 183